

PRACTICING

EXCELLENCE

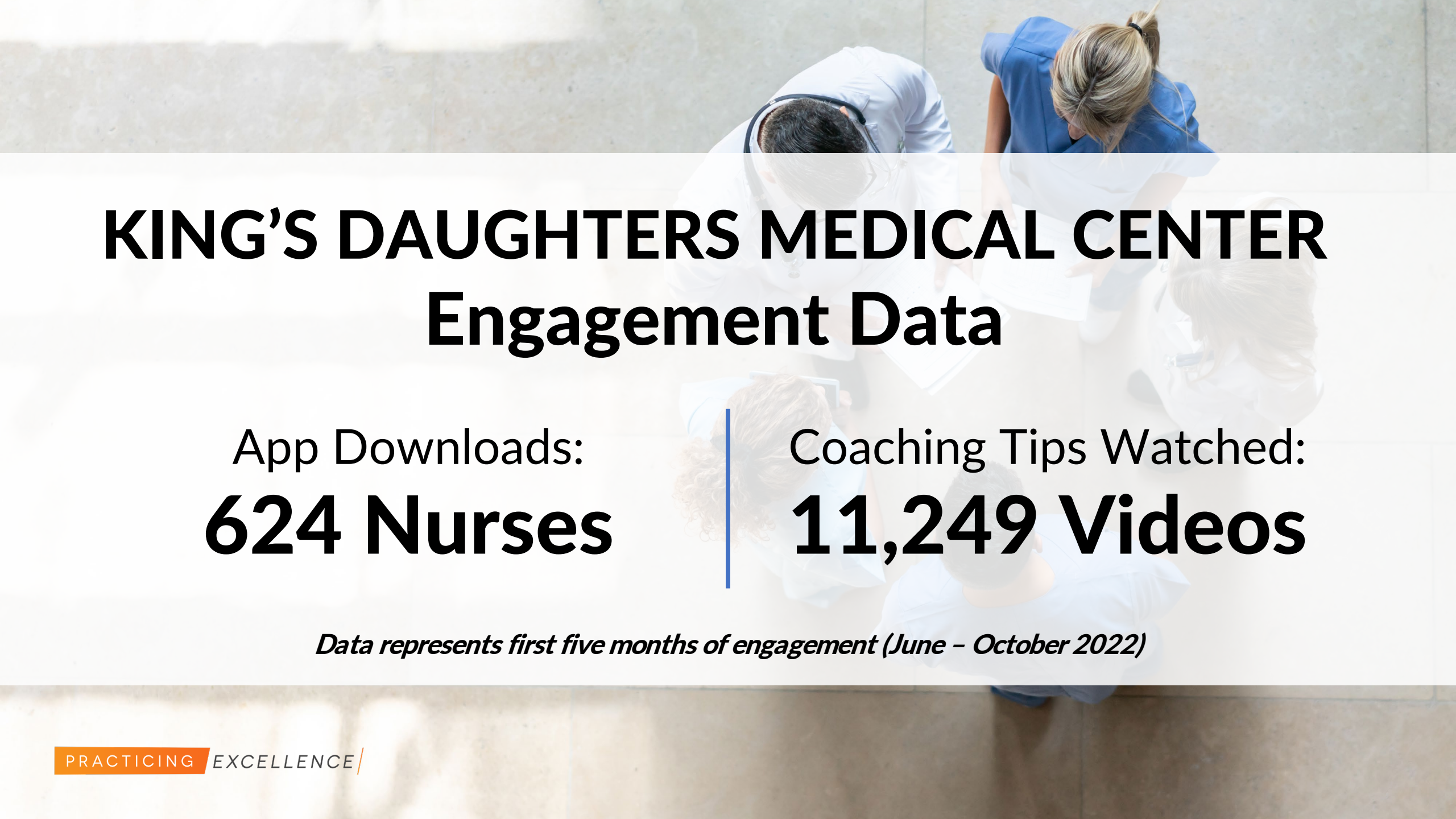
CONNECT 2022

UNIFY, COACH, CONNECT



CRAIG HARVEY, RN, BSN

DIRECTOR, EDUCATION AND
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KING'S DAUGHTERS MEDICAL CENTER Engagement Data

App Downloads:
624 Nurses

Coaching Tips Watched:
11,249 Videos

Data represents first five months of engagement (June – October 2022)





24

Oct

Daily Devotional: Festival of Lights

 Deanna Bradley |  0 Comments | 

Today's devotional reminds us how the symbolism of light gives hope.

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BY PRACTICING EXCELLENCE

TIP OF
THE WEEK

*Building Your Vision for a
Healthier You:*

**Things That Make Us
Really Happy**



24

Oct

NEP Tip of the Week: Things That Make Us Really Happy

 Curtis Metzler |  0 Comments | 

Your leader will review and discuss the tip each week with the team/caregivers.

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Team News

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24 NEP Tip of the Week: Things That Make Us Really Happy 

Oct  Curtis Metzler |  0 Comments |  Return | 

NURSING
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Building Your Vision of a Healthier You Things That Make Us Really Happy



Please scan to access this
coaching tip from the
Nursing Experience Project



Reflection

- How do you currently express gratitude to others? How does it make you feel when sharing gratefulness to one of your teammates?
- What are the things that you need to reset your emotional well-being so that you can keep going on your stressful days?



Call to Action

Choose one simple action you can do each day to fill your happiness bucket. What little triggers in your day help you connect to the happiness found in gratitude, virtue, meaning, belonging, and mastery?